

*“This is the first place I’ve been able to speak honestly.”*

# Still Here

Peer Support for Suicide Attempt Survivors  
& People Living With Suicidal Thoughts

You don’t have to explain yourself here.  
You don’t have to be “doing better.”

**Just show up exactly as you are.**

- ✓ Peer-led support
- ✓ Trauma-informed space
- ✓ Honest conversation allowed
- ✓ Mutual understanding

No therapy. No diagnosis. No clinical monitoring.

*Just people helping people.*



Every 3rd Monday



6:00 – 7:30 PM



UPMC Health Plan Neighborhood Center

6401 Penn Ave · East Liberty

Scan to learn more →



[stillherepgh.org](http://stillherepgh.org)



[stillherepgh@gmail.com](mailto:stillherepgh@gmail.com)



You are not the only one carrying this. Connection exists.